



Hymn: HWB 518 – *Eternal Light, shine in my heart*

Hearing the Word

A Time for Children

LeAnne Zook

Scripture Reading:

I Thessalonians 2:1-8

Anna Jeide

Matthew 22:34-46

Keith Swartzendruber

Message: *Heart & Soul, Mind & Strength, Neighbor & Self* Cynthia Lapp

Hymn: HWB 512 – *If all you want, Lord*

Responding

Responses to the Message

Sharing of Joys and Concerns

Praying Together

The Work of the Church

Greeting our Guests

Announcements

The Ministry of Giving

Children's Offering

Offertory

Prayer of Dedication

Sending

Hymn: HWB 418 – *Move in our midst*

Benediction

\*Adapted from Rachel Hackenberg (<http://rachelhackenberg.com/blog/>)

\*\*Adapted from Laura Jaquith Bartlett, from "Worship Elements" on the Ministry Matters website.

TODAY

NEXT WEEK

Greeter: Jake Short

Ushers: Amy Whittington, Kirstin Docken Showalter

Nursery: Meadow Platt, Daron Showalter

Worship Arts: David Conrad

Michelle Burkholder

TREASURER'S REPORT

Offering Last Week – \$6,653 (Oct. 15)

Weekly Goal – \$5,638

Attendance Last Week – 79 (Oct. 15)

Lectionary scripture for next Sunday, November 5:

Joshua 3:7-17; Psalm 107:1-7, 33-37; I Thessalonians 2:9-13; Matthew 23:1-12

CALENDAR

Sat. 11/4—Allegheny Conference delegate session at HMC.

Sun. 11/5—Requiem service.

Sun. 11/12—New member Sunday; fellowship meal, congregational meeting.

Fri. 11/17 – Sat. 11/18—Ten Thousand Villages artisan, rug, and bake sale.

ANNOUNCEMENTS

**Pledges Due Today:** Pledges are due to church treasurer Kelly Heatwole by TODAY. As of Oct. 26, we are still \$75,000 below our goal. Copies of the pledge letter are available in the foyer and on the listserv. Even if you can't make a pledge this year, please return a form to Kelly so we know this information as well. Thank you!

**Concert This Evening at HMC:** The Washington Women's Chorale will give a concert at HMC today at 5:00 p.m. Mardi Hastings, Penny Russell, and Cindy Lapp are members. All are welcome to attend this hour long, free concert with light refreshments afterward.

**Community Café, November 6:** HMC is scheduled to serve Community Café on Monday, November 6. Please sign up on the sheet on the bulletin board in the foyer; we are still in need of food and more servers. Thank you!

**Allegheny Conference at HMC:** This Saturday, Nov. 4, we will welcome the Allegheny Conference delegates to HMC for the fall delegate session. Thanks to all who have volunteered to provide food for breakfast and lunch and help serve. There will a short time of worship at 9:30 a.m., then meeting for business with storytelling from three congregations in the mix. All are welcome to join any part of the day. (Teaser: as part of HMC's storytelling at 1:15 p.m., we will be sharing baklava made by a local Syrian man.)

**Ten Thousand Villages Sale:** The annual Ten Thousand Villages Craft & Bake Sale will be held at HMC on Friday Nov. 17, 3:00–8:00 p.m. and Saturday, Nov. 18, 9:00 a.m.–4:00 p.m. Do your holiday shopping while supporting the diverse artisan cultures of Asia, Africa, Latin America, and the Middle East. Your purchase of these fair trade items will help create a sustainable market and build long-term relationships in places where skilled artisans struggle for stable income. A special feature again this year: hand-knotted rugs crafted by fairly paid adults. There will also be a bake sale where you can buy homemade baked items, including bread, pie, cupcakes, cookies, and whoopie pies, among other items. Proceeds from the bake sale will help fund the Prince Georges Plaza Day Center. **VOLUNTEERS ARE NEEDED** to unpack, set up, staff the sale, and then take down, as well as to bake items for the sale. Contact Angie Wiens [redacted] to volunteer, or Leanne Zook [redacted] to contribute baked goods.

**Practicing Gratitude in November:** It is said that practicing gratitude in small ways can positively transform life. In November, as part of our year of building connections, Pastorate would like to encourage everyone in the congregation to practice mindful gratitude. What this might look like:

- Practice on your own - write down 3-5 things each day that you are grateful for.
- Practice as a household - share 3-5 things each day with those you share space with around the dinner table or in the car as you travel from event to event.
- Practice with a Gratitude Buddy - Pastorate will be matching up interested folks to be Gratitude Buddies for the month as a way of having some external accountability for your practice and as an opportunity to connect with someone in the congregation in a new way. Gratitude Buddies would decide for themselves how their practice will work - daily texts, emails, phone calls - whatever works for you and your buddy. (see other side for details)
- Kids - you can participate too! Keep your own list of something you are grateful for each day during the month - if you don't write yet, ask a family member to help you write it down, or you can draw a picture, or talk with someone each day about what you are thankful for.

However you choose to participate, we hope that you will choose to give gratitude a chance for the month of November. If you are interested and willing to be a gratitude buddy please let Michelle know: [mburkholder@hyattsvillemennonite.org](mailto:mburkholder@hyattsvillemennonite.org) or 443-803-5371.

## *Gratitude Buddy*

In November we, as a community, are practicing Gratitude. One option for practicing gratitude is with a Gratitude Buddy. Gratitude Buddies will be paired up by the 1st of November.

Each pair will decide together how they want to share their practice gratitude together – either by texting, emailing, or phone call check-ins either daily, every couple of days, or weekly. This experience is about connecting with someone in the congregation and being a safe space of encouragement and accountability for each other as you look for goodness, hope, and moments of gratitude in the midst of daily living.

Curious about giving this a try?

Please fill out the information below and drop it in the offering basket or give it to Cindy or Michelle at the door on the way out of the sanctuary today.

Name:

Phone:

Email: